

CAN - Mobility in Finland, May 2023

Thank you for being an important part of our mobility and learning. Thanks for coming and hopefully you bring our best wishes to your family, your school and keep the best memories in your heart forever.

You are always welcome to come again!

How did you feel about the mobility and your stay in Finland? *

Everything and everyone was so kind and open. Organisation of the mobility was impeccable. Students enjoyed it and so did we.

Which cultural things you learnt about our project partners? *

That some are quiet, some quite loud. That students and teachers have the same problems and same doubts in every country. That we face the same difficulties and that we can help each other by sharing good practices.

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

Some

Not at all

Day 1: How was the first morning: The welcome presentation about the project and Suomi-Finland - presentation/show? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

Day 1: How was MÖlkky-play?

- Excellent
- Good
- Fair
- Poor
- I don't know

Day 1 and day 4: How was music-workshop?

- Excellent
- Good
- Fair
- Poor
- I don't know.

Day 1: How was the arts & crafts workshop (reflector)?

- Excellent
- Good
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How were the short presentations on pupils' participation and Eco-Schools on Monday?

- Excellent
- Good
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Day 2: How was the visit to Häme castle? *

- Excellent
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Day 2: How was the walk and visit to Aulanko-sightseeing tour/ forest? *

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Day 2: How was the rowing activity? (If you don't think of weather - because we can not help it, but otherwise...) *

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- I don't know.

Day 3: How was the tree planting?

- Excellent
- Good
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- I don't know.

How was the visit to Kipinä?

- Excellent
- Good
- Fair
- Poor

Day 3: How was the sauna and cultural activities, plays? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

How was the activity about pupils' participation ?

- Excellent
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Day 4: How was the Home Economics - workshop?

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Day 4: How was the ceremony in the evening?

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Day 5: How was the visit to Fazer-company? *

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Day 5: How was the visit to Heureka-science center? *

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Day 5: How was the visit to OODI-library and EU@Oodi? *

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Day 5: How was the visit in Helsinki-city center? *

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- Good
- Fair
- Poor
- I don't know.

How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

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- Good
- Fair
- Poor
- I don't know.

What was the best thing during the week?

The finnish way of running from sauna to the lake and back

What was the most challenging thing during the week? *

Nothing, everything was perfect

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

To be open to cultural differences, be open to new experiences and to meet new people, work hard and take in as many impressions as possible

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How did you feel about the mobility and your stay in Finland? *

at first I was scared but then it was great

Which cultural things you learnt about our project partners? *

rowing

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

Some

Not at all

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How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

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- Good
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- Poor
- I don't know.

What was the best thing during the week?

meeting new people

What was the most challenging thing during the week? *

being at school on time

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

don't be afraid of making mistakes while speaking

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How did you feel about the mobility and your stay in Finland? *

I felt like I was at home. Team Finland organized everything perfectly and the country is just wonderful in every aspect so everything was easy for me.

Which cultural things you learnt about our project partners? *

Mostly words and things related to food. I discovered we also shared the same problems at school.

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

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Not at all

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How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

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What was the best thing during the week?

I am not be able to pick just one. The atmosphere was great and the activities were perfect for the project target.

What was the most challenging thing during the week? *

Not related to the project itself. Having to use the translator as some things are in Finnish only :)

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

Go open-minded and try to learn from those who have been doing it for a while. You will learn from everyone.

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How did you feel about the mobility and your stay in Finland? *

It was an amazing experience, we spent a wonderful week in Finland.

Which cultural things you learnt about our project partners? *

I learnt some words in Finnish and some cultural traditions. We learnt about famous Finnish people and we tried typical Finnish food as well. We shared teaching experiences and problems with all the partners involved in the project.

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

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How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

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- I don't know.

What was the best thing during the week?

I can't choose just an activity, because all of them were great. Perhaps two of the most interesting activities for me were planting trees and rowing in the lake because I had never done them.

What was the most challenging thing during the week? *

I think the most challenging thing we had to face during this week we spent in Finland was the language, because I can't speak Finnish and all the road signs, the products at the supermarket, etc are in Finnish. Hopefully, most of the people in Finland can speak English and are very kind and helpful.

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

I would advice them to travel with an open mind and to enjoy the experience.

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How did you feel about the mobility and your stay in Finland? *

It has been a fantastic experience. All the activities were very well organized and very interesting. I felt very well.

Which cultural things you learnt about our project partners? *

A little of the language, the food, the customs and a little about the history. We also knew a little more about the Finnish education system.

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

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How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

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- Good
- Fair
- Poor
- I don't know.

What was the best thing during the week?

All the activities were very well, but if I have to choose one activity, maybe the welcome ceremony.

What was the most challenging thing during the week? *

Definitely the language

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

Enjoy the experience

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You are always welcome to come again!

How did you feel about the mobility and your stay in Finland? *

It was great. I am delighted with the organization of the entire project, the program and all the effort put into its implementation.

Which cultural things you learnt about our project partners? *

I learned a lot about the history and culture of Finland, such as music, food and Finnish tradition.

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

Some

Not at all

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How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

What was the best thing during the week?

Visit in Helsinki-city center, tree planting and sauna and cultural activities, plays, but everything is excellent.

What was the most challenging thing during the week? *

Everything was perfect.

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

Everything was perfect.

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How did you feel about the mobility and your stay in Finland? *

It was pretty good

Which cultural things you learnt about our project partners? *

That a lot od houses have sauna

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

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What was the best thing during the week?

helsinki

What was the most challenging thing during the week? *

rowing

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

to not be scared od it

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You are always welcome to come again!

How did you feel about the mobility and your stay in Finland? *

I absolutely loved it

Which cultural things you learnt about our project partners? *

That you call ppl by names in order to show mutual respect and level. Different dates of national mother's day.

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

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Day 3: How was the sauna and cultural activities, plays? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

How was the activity about pupils' participation ?

- Excellent
- Good
- Fair
- Poor

Day 4: How was the Home Economics - workshop?

- Excellent
- Good
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- Poor
- I don't know

Day 4: How was the ceremony in the evening?

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- I don't know.

Day 5: How was the visit to Fazer-company? *

- Excellent
- Good
- Fair
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- I don't know

Day 5: How was the visit to Heureka-science center? *

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- I don't know.

Day 5: How was the visit to OODI-library and EU@Oodi? *

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- Poor
- I don't know.

Day 5: How was the visit in Helsinki-city center? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

What was the best thing during the week?

The ppl cooperating, creating things together. Involvement of all of us in order to construct sth new. The weather was also a good thing especially during sat, sun and Mon;)

What was the most challenging thing during the week? *

Experience of sauna and cold lake. Other things were not as much challenging as our hosts managed the activities in a perfect manner.

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

Be open minded. involve students and teachers at the same time to create sth together. Be flexible and adjust activities as they go. Fixed rules make people sometimes skip and loose interests.

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Thank you for being an important part of our mobility and learning. Thanks for coming and hopefully you bring our best wishes to your family, your school and keep the best memories in your heart forever.

You are always welcome to come again!

How did you feel about the mobility and your stay in Finland? *

I felt incredibly, catered for and really important.

Which cultural things you learnt about our project partners? *

That the most important od to feel safe and trusted. Only then You can learn effectively. What impressed me the most is high awariness of the surrounding world, climate changes and the importance od taking care od it.

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

Some

Not at all

Day 1: How was the first morning: The welcome presentation about the project and Suomi-Finland - presentation/show? *

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- Good
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- Poor
- I don't know.

Day 1: How was MÖlkky-play?

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Day 1 and day 4: How was music-workshop?

- Excellent
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- I don't know.

Day 1: How was the arts & crafts workshop (reflector)?

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- I don't know.

How were the short presentations on pupils' participation and Eco-Schools on Monday?

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Day 2: How was the visit to Häme castle? *

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Day 2: How was the walk and visit to Aulanko-sightseeing tour/ forest? *

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Day 2: How was the rowing activity? (If you don't think of weather - because we can not help it, but otherwise...) *

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- I don't know.

How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

- Excellent
- Good
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- I don't know.

What was the best thing during the week?

Teachers, being able to see how Finnish educational worka and I love Finnish nature.

What was the most challenging thing during the week? *

Rowing

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

Be open to people, don't be afraid to ask if you don't know something and study as much as you can about the country you're going to visit.

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You are always welcome to come again!

How did you feel about the mobility and your stay in Finland? *

It was a very pleasant stay. All the activities were very well planned and organized and intended the meet the mobility goals.

Which cultural things you learnt about our project partners? *

It was really interesting to notice the respect you have for nature and the traditions related to sauna and the use of lakes. Also the visit to the castle and some historical aspects mentioned helped understanding your way of living.

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

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Not at all

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How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

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What was the best thing during the week?

The rowing activity, the planting of the trees, the visit to Heureka science centre and the visit to the OODI library.

What was the most challenging thing during the week? *

The rowing activity and the sauna followed by swimming in the lake.

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

Plan activities that focus on the goals set in the project in a simple a natural way, as you did.

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You are always welcome to come again!

How did you feel about the mobility and your stay in Finland? *

It was perfect!

Which cultural things you learnt about our project partners? *

The different ways to teach in the colleges and high schools, the culinary specialities, life rythm

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

Some

Not at all

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- I don't know.

How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

What was the best thing during the week?

Sauna and lake, work shops (cooking, songs)

What was the most challenging thing during the week? *

Sauna and lake

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

Participate to all activities with the pupils, the relationships are great

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Thank you for being an important part of our mobility and learning. Thanks for coming and hopefully you bring our best wishes to your family, your school and keep the best memories in your heart forever.

You are always welcome to come again!

How did you feel about the mobility and your stay in Finland? *

The mobility in Finland was a beautiful cultural discovery, magnificent landscapes, the discovery of an interesting educational system which made me question our practices in France. The activities proposed were interesting and interactive

Which cultural things you learnt about our project partners? *

I was very touched by the consideration of emotions and feelings to help students live and learn better at school.

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

Some

Not at all

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- I don't know.

How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

What was the best thing during the week?

The best activity of the stay was the sauna and the swimming in the lake with the rowing boats because we could share several activities with teachers and our students. It was a great discovery and a lot of fun

What was the most challenging thing during the week? *

Speak english 🗣️

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

Taking soft means of transport when it is possible to do so for mobility: it is a journey within a journey for the students.
Hosting teachers in other teachers' homes.

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You are always welcome to come again!

How did you feel about the mobility and your stay in Finland? *

The mobility was incredible, all activities were according to the project! I loved! The stay in Finland was great... I was well received and I loved the way of life.

Which cultural things you learnt about our project partners? *

I learned a lot about the sauna, lakes, music and healthy eating habits.

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

Some

Not at all

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How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

What was the best thing during the week?

The best for me was the adventure on Lake Vanajavesi.

What was the most challenging thing during the week? *

The most challenging was the visit to the Castle of Hame and the activities we did there.

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

Being motivated for everything, be communicative, express joy (laughing, singing, dancing), and very professionally organized.

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The mobility was incredible, all activities were according to the project! I loved! The stay in Finland was great... I was well received and I loved the way of life.

Which cultural things you learnt about our project partners? *

I learned a lot about the sauna, lakes, music and healthy eating habits.

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

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You are always welcome to come again!

How did you feel about the mobility and your stay in Finland? *

I feel that his mobility was very important, it allowed all participants, students and teachers, to experience the different cultures present, in particular the Finnish one, and to achieve the defined objectives with regard to actions related to climate action and preservation.

In addition, it was a very pleasant experience, with meaningful activities.

Which cultural things you learnt about our project partners? *

I learned that, despite the cultural differences, we are very similar in every way, we have the same needs, the same ambitions and desires, the same desire to overcome difficulties and protect the environment and do better, so we have an easy relationship, we like to work together and to get to know each other.

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

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Day 5: How was the visit in Helsinki-city center? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

What was the best thing during the week?

Contacting with students and teachers, observing methodologies, teaching strategies and the organization of the school, getting to know the educational system.

What was the most challenging thing during the week? *

Speaking in English, as I have had few opportunities to practice the language.

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

As a coordinator of the host school, avoid excessive activities, prefer more meaningful activities. The days can become very tiring and the involvement of the participants tends to decrease.

For the visitor, I recommend an open mind, willingness to experience new cultures and activities and try to make the most of the opportunities created by the host school.

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CAN - Mobility in Finland, May 2023

Thank you for being an important part of our mobility and learning. Thanks for coming and hopefully you bring our best wishes to your family, your school and keep the best memories in your heart forever.

You are always welcome to come again!

How did you feel about the mobility and your stay in Finland? *

Enthusiastic

Which cultural things you learnt about our project partners? *

Way of life (nature, sauna, mental health) and education

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

Some

Not at all

Day 1: How was the first morning: The welcome presentation about the project and Suomi-Finland - presentation/show? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

Day 1: How was MÖlkky-play?

- Excellent
- Good
- Fair
- Poor
- I don't know

Day 1 and day 4: How was music-workshop?

- Excellent
- Good
- Fair
- Poor
- I don't know.

Day 1: How was the arts & crafts workshop (reflector)?

- Excellent
- Good
- Fair
- Poor
- I don't know.

How were the short presentations on pupils' participation and Eco-Schools on Monday?

- Excellent
- Good
- Fair
- Poor

Day 2: How was the visit to Häme castle? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

Day 2: How was the walk and visit to Aulanko-sightseeing tour/ forest? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

Day 2: How was the rowing activity? (If you don't think of weather - because we can not help it, but otherwise...) *

- Excellent
- Good
- Fair
- Poor
- I don't know.

Day 3: How was the tree planting?

- Excellent
- Good
- Fair
- Poor
- I don't know.

How was the visit to Kipinä?

- Excellent
- Good
- Fair
- Poor

Day 3: How was the sauna and cultural activities, plays? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

How was the activity about pupils' participation ?

- Excellent
- Good
- Fair
- Poor

Day 4: How was the Home Economics - workshop?

- Excellent
- Good
- Fair
- Poor
- I don't know

Day 4: How was the ceremony in the evening?

- Excellent
- Good
- Fair
- Poor
- I don't know.

Day 5: How was the visit to Fazer-company? *

- Excellent
- Good
- Fair
- Poor
- I don't know

Day 5: How was the visit to Heureka-science center? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

Day 5: How was the visit to OODI-library and EU@Oodi? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

Day 5: How was the visit in Helsinki-city center? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

What was the best thing during the week?

Experience the Finnish way of life: enjoy the nature and the quiet, take time.

What was the most challenging thing during the week? *

Observe and understand relationships between finnish students and teachers (very interesting) and the way they approach school and education.

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

Try all activities and speak with everybody To feel the erasmus spirit and aim.

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CAN - Mobility in Finland, May 2023

Thank you for being an important part of our mobility and learning. Thanks for coming and hopefully you bring our best wishes to your family, your school and keep the best memories in your heart forever.

You are always welcome to come again!

How did you feel about the mobility and your stay in Finland? *

very comfortable. it's always nice to be back with friends

Which cultural things you learnt about our project partners? *

Finns are very open people. They are kind, helpful and very brave. They take great care of the place where they live, use renewable energy sources, pay attention to waste segregation, protect fauna and flora

Do you think that you learnt something new about the topic of our project for your professional/pedagogical purposes? *

A lot

Some

Not at all

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- Good
- Fair
- Poor
- I don't know.

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- Good
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- Poor
- I don't know.

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- Excellent
- Good
- Fair
- Poor
- I don't know.

How would you rate the whole week - what is your average emotion or feeling about the mobility in Finland? *

- Excellent
- Good
- Fair
- Poor
- I don't know.

What was the best thing during the week?

Possibility of using a traditional sauna and swimming in the lake

What was the most challenging thing during the week? *

Participating in workshops always requires a lot of attention, concentration and certain predispositions

What would be your advice or practical tip for someone who is going to travel (or host) to an Erasmus+ trip for the first time (as a teacher or coordinator) ? *

There is nothing better to be able to get to know new places, wonderful people, get to know their culture and practice the language. Thanks to Erasmus, we have such a chance

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